



SPARKY- CREATIVITY SOMETHING NEW



INSTRUCTIONS:

1. Talk to the children about how when we write and draw we all hold a pencil in the same hand to do that, we don't usually keep swapping hands. Ask them to hold up which hand they hold their pencil in, talk about who is right-handed and who is left-handed.
2. Give each child a piece of paper and a pencil. Ask them to either write their name, or dependent on ability, draw a smiley face using the hand they usually use. Then ask them to swap the pencil into the hand they don't usually use and do the same.
3. Ask them to look at the two names or pictures. Are they the same? What is different? Was it hard writing/drawing with the other hand? Let them try again, some of them will find this frustrating, some will find it funny!

INSTRUCTIONS:

4. Ask the children what else they usually do with their dominant hand? Things like batting a ball, using scissors, simple things like opening doors.
5. Then go and try some of those things too! First with their dominant hand then with their non-dominant hand.
6. Talk again about how it felt, were some things easier than others to do with their other hand?

Health and Safety

*Ensure the area is safe and free from hazards
Supervision is advised when using equipment
Remember to stretch before and after any physical activity*

EQUIPMENT:

- Paper
- Pencils
- Different equipment based on interests and decisions

