



DON'T FEED THE ANIMALS UNHEALTHY FOOD



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INSTRUCTIONS:

Step One: Talk to someone about food that is good for you and why it is good for you, for example Protein is good for your muscles.

Step Two: Think of an Animal. You are going to design a 3-course meal for the animal. You could design their plate on the paper or write them a menu.

Think about why your animal might need certain types of food and where they live. Their meal should include a drink.

Step Three: Now draw each course of your meal onto a paper plate.

EQUIPMENT:

- ☐ Paper Plates
- ☐ Paper
- ☐ Writing/Colouring Equipment

GENERAL:

