



### INSTRUCTIONS:

Measure your one cup of Rice and pour it carefully into the Zip Lock Bag.

You then need to add a few drops of food colouring and water. Seal the bag carefully to avoid any spillages.

Hold the bag with both hands and give it a shake to move the colour around, this will ensure all the rice gets covered.

*If the colour is not dark enough, add a few more drops of food colouring and water.*

Empty out the rice onto a plate and spread it out a little. You will then need to leave it to dry overnight.

Use different coloured food colouring to make more!

### EQUIPMENT:

- A Bowl or a Tray
- Rice (1 Cup)
- Food Colouring
- Zip Lock Bags
- Plate (Paper if possible)
- Water (A few drops)



### NEXT STEPS:

Once your Rice is dry, how are you going to use it?

- Make a small world scene for your toys?
- Can you make a picture using the rice?
- Could you use it to do some pretend play cooking?