



EGGS IN THE PEN

INSTRUCTIONS:

This activity is best done outside.

You are going to be the chickens and your bean bags will be the 'eggs'.

To start create the obstacle course (see picture) for each team. The idea of the game is to move the 'Eggs' to the nests (hoops).

The chickens must place two Eggs onto their racket. They then need to travel in and out of the cones. At the end they then need to sprint as quickly as possible and drop the eggs into the nests.

Repeat this until all the eggs have been moved. Who is the fastest?

EQUIPMENT:

- Beans Bags
- Hoops
- Cones
- Tennis Rackets

If you don't have this equipment at home, see what you can find as an alternative

NEXT STEPS:

Can you make your own rules for the game?

What other equipment can you use?

Can you travel down the same course as someone else without bumping into them?

How else could you travel?

