



INSTRUCTIONS:

Decide what type of picture you want to make, here are some suggestions:

- Animals
- People
- Flowers
- Food

Once you have decided, think about what colours you are going to use.

Now you can either draw around your hand or print it onto paper using the paint.

You may need to add some final touches to your prints, for example adding a beak to your bird, or a stalk to your fruit.

If you can't decide what to make, you could do lots of different handprints and leave them to dry. Once dry cut them out and make a mural such as a rainbow!

EQUIPMENT:

- Paper
- Paint or Colouring Pencils
- Tissue Paper
- Scissors



ADULT TIP:

This activity is a good open ended one that is very adaptable. Offer children the option of making new colours by mixing paints.

If your child doesn't enjoy getting messy or you don't have paint you can use colouring pencils and they can draw around their hands.

